LEADERSHIP LAB WORKSHOP CALENDAR (3rd Trimester) (subject to change)

Att.: Students are expected to be in the room ready to start all activities at the scheduled time (and therefore be in the room before). No late entrances will be allowed once the room door is closed. Students have to attend all sessions of a workshop: missing part of the workshop (e.g. after a break) means that they will fail the activity as a whole.

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WORKSHOPS	9th	12th	15th	16th	19th	23rd	26th	2nd	9th 12th		16th	
All About Assessment Tests	Saturday	Tuesday	Friday	Saturday	Tuesday	Saturday	Tuesday	Saturday	Saturday	Tuesday	Saturday	
				Session 1/3		Session 2/3		Session 3/3				
Avoiding the Power Paradox Using Power for Good				10:00 - 13:00 Room 516		10:00 - 13:00 Room 515		10:00 - 13:00 Room 515				
CV & Cover Letter (Group A)		Session 1/1 08:30 -13:00 Room 521-B										
CV & Cover Letter (Group B)						Session 1/1 08:30 -13:00 Room 517						
CV & Cover Letter (Group C)							Session 1/1 08:30 -13:00 Room 529					
Discover your Heart Intelligence & Flourish		Session 1/3 09:00 - 12:00 Room 501			Session 2/3 18:00 - 21:00 Room 518		Session 3/3 09:00 - 12:00 Room 526					
Group Dynamics (Group A)		Session 1/1 08:30 - 13:00 Room 512-A										
Group Dynamics (Group B)							Session 1/1 08:30 - 13:00 Room 538					
Group Dynamics (Group C)											Session 1/1 08:30 - 13:00 Room 517	
Grow Your Professional Network							Session 1/1 08:30- 13:00 Room 512-A					
How to deliver a Winning Sales Pitch		Session 1/3 09:00- 12:00 Room 527					Session 2/3 09:00- 12:00 Room 527			Session 3/3 09:00- 12:00 Room 527		
Job Interviews (Group A)		Session 1/1 08:30 - 13:00 Room 538										
Job Interviews (Group B)							Session 1/1 08:30 - 13:00 Room 539					
Job Interviews (Group C)										Session 1/1 08:30 - 13:00 Room 501		
Leading in a Global Economy: Increase your Cultural Intelligence							Session 1/1 08:30- 13:00 Room 501					
Leading with Horses		Session 1/2 09:30 - 14:00 Todos a Galope (Monsanto)	Session 2/2 14:00 - 18:30 Room 321 (Law Faculty)									
LinkedIn Building an All Star Profile (Group A)		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	,,			Session 1/1 08:30 - 13:00 Room 525						
LinkedIn Building an All Star Profile (Group B)									Session 1/1 08:30 - 13:00 Room 515			
LinkedIn So you have an All Star profile. Now what? (Group A)								Session 1/1 08:30 - 13:00 Room 516				
LinkedIn So you have an All Star profile. Now what? (Group B)											Session 1/1 08:30 - 13:00 Room 516	
Personal Branding: Storytelling Tools for an Effective Communication	Session 1/3 09:00 - 12:00 Room 525			Session 2/3 09:00 - 12:00 Room 517		Session 3/3 09:00 - 12:00 Lisbon (trainer will indicate meeting point)						
Persuade Me, Persuade Me Not – A Crash Course on Persuasion											Session 1/1 08:30 - 13:00 Room 515	
Practicing Video Interview (Group A)				Session 1/1 09:00 - 12:00 Room 518								
Practicing Video Interview (Group B)						Session 1/1 09:00 - 12:00 Room 518						
Practicing Video Interview (Group C)						Canceled						
Practicing Video Interview (Group D)						Canceled						
Preparing Yourself for an International Position				Session 1/1 08:30 - 13:00 Room 522-B								
Productive Communication										Session 1/1 08:30 - 13:00 Room 526		
Public Speaking Without Pain	Session 1/3 10:00 - 13:00 Room 526			Session 2/3 10:00 - 13:00 Room 526		Session 3/3 10:00 - 13:00 Room 526						
Start Upper - How to Become an Entrepreneur		Session 1/3 09:00 - 12:00 Room 521-A					Session 2/3 09:00 - 12:00 Room 521-A			Session 3/3 09:00 - 12:00 Room 521-A		
Storytelling with PowerPoint								Session 1/3 10:00 - 13:00 Room 526	Session 2/3 10:00 - 13:00 Room 526		Session 3/3 10:00 - 13:00 Room 527	
Stress Management					Session 1/3 18:00 - 21:00 Room 525		Session 2/3 09:30 - 12:30 Room 522-B			Session 3/3 09:30 - 12:30 Room 522-B		
Teambuilding with Horses							Session 1/2 08:30 - 13:00 Room 507			Session 2/2 9:30 - 14:00 Todos a Galope (Monsanto)		
Teamwork an Essential Toolkit		Session 1/1 08:30 -13:00 Room 526										
Workload Management: For better work-life integration			_				_				Session 1/1 08:30 - 13:00 Room 518	
	Saturday 9th	Tuesday 12th	Friday 15th	Saturday 16th	Tuesday 19th	Saturday 23rd	Tuesday 26th	Saturday 2nd	Saturday 9th	Tuesday 12th	Saturday 16th	
				FEBRUARY						RCH		
Number of Groups	Colou	r Code		All About Assessme	AREER WORKSHO	PS	Duration 1h30	Number of Sessions	ECTS 0.5	Instructor Maria João Santos		
				CV & Cover Letter			4h30	1 0,5 Rita Crugeira Susana Bogalho				

Number of Groups	Colour Code	CAREER WORKSHOPS	Duration	Duration Number of Sessions		Instructor
1		All About Assessment Tests	1h30	1	0.5	Maria João Santos
3		CV & Cover Letter	4h30	1	0,5	Rita Crugeira Susana Bogalho
3		Group Dynamics	4h30	1	0,5	Paulo Baptista da Silva Rita Crugeira
1		Grow Your Professional Network	4h30	1	0,5	Ana Duarte Ribeiro
3		Job Interviews	4h30	1	0,5	Elsa Dinis
2		LinkedIn Building an All Star Profile	4h30	1	0,5	Diana Nascimento Susana Prudêncio
2		LinkedIn So you have an All Star profile. Now what?	4h30	1	0,5	Frederico Kellen
4		Practicing Video Interview	4h30	1	0,5	Rita Crugeira Susana Bogalho
1		Preparing Yourself for an International Position	4h30	1	0,5	Paulo Romeiro
1		Personal Branding: Storytelling Tools for an Effective Communication	9h	3	1	Tomás Varela Pinto
1		Start Upper - How to Become na Entrepreneur	9h	3	1	Carolina Almeida Cruz
4		Workload Management: For better work-life integration	4520	- 1	0.5	Paulo Pomeiro

Number of Groups	Colour Code	BEHAVIOURAL WORKSHOPS	Duration	Number of Sessions	ECTS	Instructor
1		Avoiding the Power Paradox - Using Power for Good	9h	3	1	Filipa Almeida
1		Discover your Heart Intelligence & Flourish	9h	3	1	Bárbara Santos
1		How to deliver a Winning Sales Pitch	9h	3	1	Miguel Figueiredo
1		Leading in a Global Econ.: Increase your Cultural Intelligence	4h30	1	0,5	Anita Haensler
1		Leading with Horses	9h	2	1	Bianca Mendonça
1		Persuade Me, Persuade Me Not A Crash Course on Persuasion	4h30	1	0.5	Filipa Almeida
1		Productive Communication	4h30	1	0,5	César Ribeiro
1		Public Speaking Without Pain	9h	3	1	João Ferreirinho
1		Storytelling with PowerPoint	9h	3	1	João Ferreirinho
1		Stress Management	9h	3	1	Susana Schmitz
1		Teambuilding with Horses	9h	2	1	Bianca Mendonça
1		Teamwork an Essential Toolkit	4h30	1	0,5	Tatiana Marques

LEADERSHIP LAB WORKSHOP CALENDAR (4th Trimester) (subject to change)

	Alt. Students are expected to be in the room ready to start all activities at the scheduled time (and therefore be in the room before). No late entrances will be allowed once the room door is closed. Students have to attend all sessions of a workshop: missing part of the workshop (e.g. after a break) means that they will fall the activity as a whole.											
WORKSHOPS	2nd	6th	AF 9th	PRIL 13th	27th	30th	4th	7th	M 11th	AY 14th	18th	21st
Active Listening, Interpersonal Communication and Conflict Management	Tuesday	Saturday	Tuesday	Saturday	Saturday	Tuesday	Saturday	Tuesday	Saturday Session 1/2 08:30 - 13:00 Room 515	Tuesday	Saturday Session 2/2 08:30 - 13:00 Room 515	Tuesday
All About Assessment Tests	Session 1/1 10:30- 12:00 Room 521-A											
Be H.A.P.P.Y.® - Guide for a Happy and Fulfilling Life	Session 1/3 09:00- 12:00 Room 525		Session 2/3 09:00- 12:00 Room TBC			Session 3/3 09:00- 12:00 Room TBC						
Career Paths								Session 1/1 08:30 - 13:00 Room 521-B				
Develop your Social IQ through Horse Wisdom										Session 1/2 09:30 - 14:00 Todos a Galope (Monsanto)		Session 2/2 09:30 - 14:00 Todos a Galope (Monsanto)
Discover your Heart Intelligence & Flourish								Session 1/3 09:00 - 12:00 Room 501		Session 2/3 09:00 - 12:00 Room 501		Session 3/3 09:00 - 12:00 Room 501
Group Dynamics		Session 1/1 08:30 - 13:00 Room 516										
Grow Your Professional Network			Session 1/1 08:30- 13:00 Room TBC									
Enhance Your Profile Through Personality								Session 1/3 09:30- 12:30 Room TBC		Session 2/3 09:30- 12:30 Room TBC		Session 3/3 09:30- 12:30 Room 527
External and Media Communication Group A									Session 1/1 08:30 - 13:00 Room 527			
External and Media Communication Group B											Session 1/1 08:30 - 13:00 Room 527	
Feedback Power Tools	Session 1/3 09:30 to 12:30 Room 527		Session 2/3 09:30 to 12:30 Room 522-B			Session 3/3 09:30 to 12:30 Room 501						
How to deliver a Winning Sales Pitch								Session 1/3 09:00- 12:00 Room TBC		Session 2/3 09:00- 12:00 Room 527		Session 3/3 09:00- 12:00 Room TBC
Job Interviews (Group A)	Session 1/1 08:30 - 13:00 Room 501											
Job Interviews (Group B)			Session 1/1 08:30 - 13:00 Room 501							Secret Secret		
Job Interviews (Group C)						Session 1/2		Caral		Session 1/1 08:30 - 13:00 Room 521-B		
Leading with Horses				Session 1/1		Session 1/2 09:30 - 14:00 Todos a Galope (Monsanto)		Session 2/2 08:30 - 13:00 Room 521-A				
LinkedIn Building an All Star Profile (Group A)				08:30 - 13:00 Room 515					Session 1/1			
LinkedIn Building an All Star Profile (Group B) LinkedIn So you have an All					Session 1/1				08:30 - 13:00 Room 517			
Star profile. Now what? (Group A) LinkedIn So you have an All					Session 1/1 08:30 - 13:00 Room 516						Session 1/1	
Star profile. Now what? (Group B)	Session 1/3		Session 2/3			Session 3/3					08:30 - 13:00 Room 517	
Map your Skills for the Future	09:00 - 12:00 Room TBC		09:00 - 12:00 Room TBC			09:00 - 12:00 Room TBC		Session 1/3		Session 2/3		Session 3/3
Negotiation Non-verbal Communication &								18:00 - 21:00 Room TBC Session 1/2		18:00 - 21:00 Room 518		18:00 - 21:00 Room 518 Session 2/2
Emotion Recognition in Business					Session 3/3			08:30 - 13:00 Room TBC				08:30 - 13:00 Room 525
Personal Branding: Storytelling Tools for an Effective Communication		Session 1/3 09:00 - 12:00 Room 515		Session 2/3 09:00 - 12:00 Room 516	09:00 - 12:00 Lisbon (trainer will indicate meeting point)							
Persuade Me, Persuade Me Not – A Crash Course on Persuasion					Session 1/1 08:30 - 13:00 Room 515							
Preparing Yourself for an International Position		Session 1/1 08:30 - 13:00 Room 517										
(Group A) Preparing Yourself for an International Position		Room 517					Session 1/1 08:30 - 13:00					
(Group B) Productive Communication							Room 516	Session 1/1 08:30 - 13:00				
Public Speaking Without Pain	Session 1/3 09:00 - 12:00		Session 2/3 09:00 - 12:00			Session 3/3 09:00 - 12:00		Room 527				
Start Upper - How to Become an Entrepreneur	Room 526		Room 526			Room 526		Session 1/3 09:00 - 12:00		Session 2/3 09:00 - 12:00		Session 3/3 09:00 - 12:00
Storytelling with PowerPoint								Room 512-A Session 1/3 09:00 - 12:00		Room 521-A Session 2/3 09:00 - 12:00		Room 521-A Session 3/3 09:00 - 12:00
Stress Management						Session 1/3 09:30 - 12:30		Room 526 Session 2/3 09:30 - 12:30		Room 526 Session 3/3 09:30 - 12:30		Room 526
Teambuilding with Horses	Session 1/2 08:30 - 13:00		Session 2/2 9:30 - 14:00 Todos a Galope			Room 527		Room TBC		Room 522-B		
Teamwork an Essential Toolkit	Room 507		Todos a Galope (Monsanto)								Session 1/1 08:30 -13:00	
To Be or not To Be Ready: Drama as the ultimate							Session 1/3 10:00 - 13:00		Session 2/3 10:00 - 13:00		Room 513 Session 3/3 10:00 - 13:00	
experience to develop the skills of the future Workload Management: For							10:00 - 13:00 Room 515		10:00 - 13:00 Room 516		10:00 - 13:00 Room 516 Session 1/1 08:30 - 13:00	
better work-life integration	Tuesday	Saturday	Tuesday	Saturday 13th	Saturday	Tuesday	Saturday	Tuesday	Saturday	Tuesday	Room 518 Saturday	Tuesday
	2nd Number of	6th Colour Code	9th AF	13th PRIL CAREER	27th	30th	4th Duration	7th	11th M ECTS	14th AY Instructor	18th	21st
	Groups 1 1	Carout CODE		WORKSHOPS All About Assessme Career Paths	ent Tests		1h30 4h30	Sessions 1 1	0.5 0,5	Maria João Santos Ana Duarte Ribeiro		}
	1 1 3			Group Dynamics Grow Your Professi Job Interviews	onal Network		4h30 4h30 4h30	1 1	0,5 0,5 0,5	Rita Crugeira Ana Duarte Ribeiro	atista da Silva	
	2 2			LinkedIn Building a LinkedIn So you ha	ave an All Star profile.	Now what?	4h30 4h30	1	0,5 0,5	Elsa Dinis Paulo Ba Diana Nascimento S Frederico Kellen	Susana Prudêncio	
	1			Map Your Skills for Personal Branding: Effective Communic	the Future Storytelling Tools for a cation	an	9h 9h	3	1	Carolina Almeida Cr Tomás Varela Pinto	uz	-
	1 1			Effective Communication Preparing Yourself for an International Position Start Upper - How to Become na Entrepreneur Workload Management: For better work-life integration			4h30 9h	1 3	0,5	Paulo Romeiro Carolina Almeida Cri	uz	
	Number of Groups	Colour Code		Workload Managem BEHAVIOURAL WORKSHOPS	ын. –or better work-li	re integration	4h30 Duration	Number of Sessions	0,5	Paulo Romeiro Instructor		J
	1			Active Listening, Interpersonal Communication and Conflict Management Be H.A.P.P.Y.® - Guide for a Happy and Fulfilling Life			9h 9h	2	1	Daniele dell'Erba Miguel Figueiredo		
	1 1			Develop your Social IQ through Horse Wisdom Discover your Heart Intelligence & Flourish		9h 9h 9h	2 3 3	1 1 1	Bianca Mendonça Bárbara Santos Anita Haensler			
	2			External and Media Feedback Power To	Enhance your Profile Through Personality External and Media Communication Feedback Power Tools How to deliver a Winning Sales Pitch		4h30 9h	1 3	0.5	Christian Hermansso Mário Neto	on	
	1 1			Leading with Horse Negotiation	3		9h 9h 9h	3 2 3	1 1 1	Miguel Figueiredo Bianca Mendonça Sérgio Loureiro		
	1			Non-verbal Commu Business	nication & Emotion Re		9h	2	1	António Sacavém		
	1			Persuade Me, Persuade Me Not A Crash Course on Persuasion			4h30 4h30	1	0.5 0,5	Filipa Almeida César Ribeiro		
	1			Productive Communication Public Speaking Without Pain Storytelling with PowerPoint			9h 9h	3	1	João Ferreirinho João Ferreirinho]
	1			Stress Management Teambuilding with I	Horses		9h 9h	3 2	1 1	Susana Schmitz Bianca Mendonça		
	1			Teamwork an Esser	ntial Toolkit Ready: Drama as the	ultimate experience	4h30 9h	1 3	0,5 1	Ana Paula Giordano Margarida Rocha e N	Леlo	
	•			skillS	rature							